



# PLAYER BRIEFING: GLOBAL SURVEY RESULTS

## GLOBAL PLAYER SURVEY ON WORKLOAD & COMPETITIONS

### BACKGROUND

A global player survey was carried out in November 2021 by FIFPRO, in conjunction with domestic player unions. The survey gauged the opinion of players on a number of key questions regarding player workload and recovery, calendar and competitions.

- Over 1,000 professional players surveyed, including a mixture of international and non-international players
- Global representation featuring over 70 different nationalities spread across six continents
- 75% of players globally want the FIFA World Cup to remain taking place once every 4 years
- Only 31% of players globally feel that their season breaks are adequately protected from infringement by their club / national team

### WHAT DO THE PLAYERS THINK?

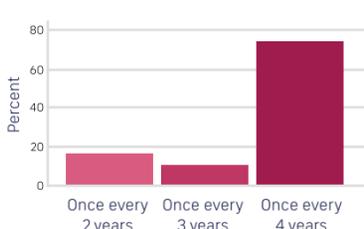
#### QUESTION

#### GLOBAL RESULTS

##### 2-YEAR WORLD CUP PROPOSAL

How often should the men's FIFA World Cup be held?

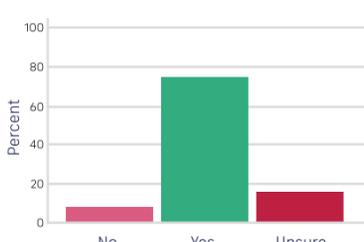
75% want the FIFA World Cup to take place once every 4 years



##### UNPROTECTED SEASON BREAKS

Would an additional enforcement mechanism be helpful to better protect season breaks (in-season or off-season) from being infringed upon by clubs / national teams?

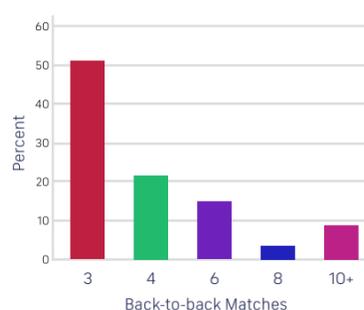
76% want an additional enforcement mechanism to protect their season breaks



##### CONSECUTIVE BACK-TO-BACK MATCHES

What is the maximum number of back-to-back matches that a player should play? (With less than 5 days of recovery time between matches)

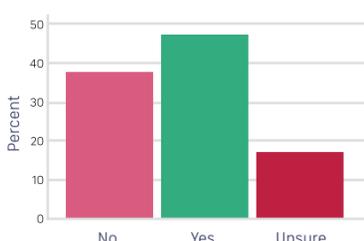
87% believe players should play not more than 6 back-to-back matches consecutively



##### MENTAL HEALTH AND WELLBEING

Has your mental health and wellbeing been negatively affected due to excessive workload demands or insufficient recovery periods?

46% of players have experienced negative impacts on their mental health & wellbeing



### WHAT ARE PLAYER UNIONS DOING?

### HOW CAN PLAYERS AFFECT CHANGE?

Ongoing Monitoring of player workload through the FIFPRO PWM platform (available at <https://www.fifpro.org/en/workload-tool>)

Identifying and Negotiating required player safeguards through discussions with employers

Negotiating to protect domestic competitions and drive innovation within the overall competition landscape



Share your experience: on excessive workload & negative impact on careers, mental health, injury, lifestyle etc.

Identify information requirements: contact your domestic player union to discuss any related information you would like to know

Support the work: to actively support the ongoing work, contact your player union for the best ways of doing so in your market

### FIFPRO MEMBERSHIP

